

March 2025 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Happy Birthday!
						9:00 Cotton Mill Farmers' Market 9:00 Pickleball at City Station Gym	Peggy K. - March 5th Roger B. - March 11th
9:00 Southern Hills: The Church at City Station 3:00 UWG Choirs' "Connecting the World Through Song"	11:15 Yoga For Every Body 2:00 Bingo Bonanza 4:00 Women's History Month Stories 6:00 Mardi Gras Party 6:30 GriefShare at City Station	10:00 Bible Study Led by Mitch Clifton 10:00 Chair Yoga 11:00 Mardi Gras Trivia 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 2:00 Mardi Gras Bead Toss 4:00 Cocktail/Mocktail Karaoke 6:00 UWG's The Other Night School - Napoleon, in His Time and Ours	10:00 Chair Volleyball 10:30 Ash Wednesday Visit with Nancy Pollard 11:15 Yoga For Every Body 12:00 Chair Strength and Tone 7:30 UWG's Theater and Music Departments' "Songs and Stories: A Cabaret"	10:00 Zumba 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 1:00 Church Service 2:00 Luck of the Irish Trivia 3:00 Billiards & Board Games	12:15 Line Dancing 2:00 Friday Flicks & Fun - "The Help" 4:00 Happy Hour	9:00 Cotton Mill Farmers' Market 9:00 Pickleball at City Station Gym 1:00 Quilting 101: Basic Training with Teddy Quinton	
9:00 Southern Hills: The Church at City Station 2:00 Generations United: Fun & Games	11:15 Yoga For Every Body 2:00 Bingo Bonanza 4:00 Aromatherapy Class 6:30 GriefShare at City Station	10:00 Bible Study Led by Mitch Clifton 10:00 Chair Yoga 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 11:45 Tabernacle Baptist Church 55+ Lunch & Learn 3:00 Pour Decisions: Mix, Shake and Shamrock with Hannah 5:30 Sound Healing with Tasha 7:30 University of West Georgia's Symphonic Band Performance	10:00 Chair Volleyball 11:00 CaptionCall Hearing Loss/Aid Seminar 11:15 Yoga For Every Body 12:00 Chair Strength and Tone 3:00 Ladies' Tea	9:00 Veterans Breakfast and Fellowship at Villa Rica Public Library 10:00 Zumba 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 1:00 Live Country Music with Jim McCoy 3:00 Billiards & Board Games	AD Pi Day 12:15 Line Dancing 2:00 Friday Flicks & Fun - "Waking Ned Devine" 4:00 Happy Hour 7:30 Bright Star	AD The Ides of March 9:00 Cotton Mill Farmers' Market 9:00 Great GreenBelt Cleanup Hosted by Keep Carroll Beautiful 9:00 Pickleball at City Station Gym 5:00 Golden City Cruisers	
9:00 Southern Hills: The Church at City Station	AD St. Patrick's Day Spirit Week - Day 1 - Wear Green 11:15 Yoga For Every Body 2:00 Bingo Bonanza 6:30 GriefShare at City Station	AD St. Patrick's Day Spirit Week - Day 2 - Shamrocks or Plaid Day 10:00 Bible Study Led by Mitch Clifton 10:00 Chair Yoga 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 2:30 Exploring Irish Blessings and Poems 6:00 Family Night - St. Patrick's Day Celebration with Lisdoonvarna	AD St. Patrick's Day Spirit Week - Day 3 - Wear Rainbow Colors 10:00 Chair Volleyball 11:00 All Day Outing - City Cafe and Bakery in Fayetteville 11:15 Yoga For Every Body 12:00 Chair Strength and Tone	AD St. Patrick's Day Spirit Week - Day 4 - Wear Gold 10:00 Zumba 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 3:00 Billiards & Board Games	AD St. Patrick's Day Spirit Week - Day 5 - March Madness 10:00 Nourish & Flourish - Cooking with Gail 12:15 Line Dancing 2:00 Friday Flicks & Fun - "The Intern" 4:00 Happy Hour and Monthly Birthday Celebration	9:00 Cotton Mill Farmers' Market 9:00 Pickleball at City Station Gym 11:00 Caleb Walton, Irish Dancer	
9:00 Southern Hills: The Church at City Station 3:00 Men's Group	11:15 Yoga For Every Body 2:00 Bingo Bonanza 6:30 GriefShare at City Station	10:00 Bible Study Led by Mitch Clifton 10:00 Chair Yoga 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 2:00 Bowdon Sights and Scenery Tour 4:00 Cocktail/Mocktail Karaoke 5:30 Sound Healing with Tasha	10:00 Chair Volleyball 11:15 Yoga For Every Body 12:00 Chair Strength and Tone 3:00 Ladies' Tea	AD Throwback Thursday - 1960s 10:00 Zumba 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 1:00 The Price is Right: 1960's Edition 3:00 Billiards & Board Games 4:00 AMERICAN NOSTALGIA: "The 1960's Thrifty Wife" Documentary 6:15 Throwback Thursday Photo Presentation	12:15 Line Dancing 2:00 Friday Flicks & Fun 4:00 Happy Hour 7:30 Carrollton Jazz Orchestra's Spring Jazz Concert	9:00 Cotton Mill Farmers' Market 9:00 Pickleball at City Station Gym	
9:00 Southern Hills: The Church at City Station	10:00 Intro to Independent Living Town Hall 11:15 Yoga For Every Body 1:00 Bingo Bonanza and Bingo Store 6:30 GriefShare at City Station						

Location Key

- Light Green = Get Healthy, Live Well
- Teal Blue = Birches on Maple
- Orange = City of Carrollton
- Light Blue = City Station
- Dark Blue = UWG
- Gold = Misc. Organizations

